## Aikido Seminar

for Karate & TaiChi Students



Many of you saw the Aikido demonstration at the 40th Anniversary, This is an opportunity to learn Aikido Basics & Moves

Instructor: Sensei Bob Noha, 7th Dan
Wednesday, Nov 30th
6:00 - 8:00PM
\$50
All Students Welcome,
Beginner & Intermediate Ranks Encouraged.
Seminar will be "Stand-Up" Aikido, no rolls or falls



PETALUMA ACADEMY OF MARTIAL ARTS
620 Petaluma Blvd N Petaluma, CA 94952
778-1069 www.pamakarate.com